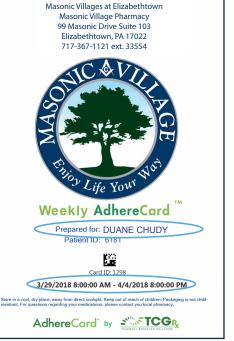


# **NEW** Patient Adherence Packaging Instruction Sheet

We know taking your medications according to the prescribed dosage, time, frequency, and direction can at times be difficult to manage. We would like to introduce you to our NEW adherence medication packaging, designed as a simple way to ensure you are taking the right medications, at the right time, and on the right day.

Your monthly prescriptions will be packaged in 4 weekly cards including hours of administration for Breakfast, Lunch, Dinner and Bedtime. The outside card cover is printed with Masonic Village Pharmacy's address and phone number for easy contact.

## For taking your medications from your new adherence packaging



## Step 1:

Select the weekly card that matches the current week in which you are ready to take your medications.

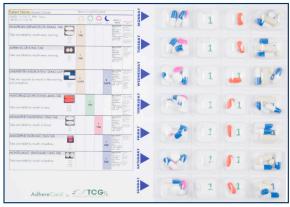
Patient Name is printed on the outside cover.

Your weekly card will include the date range on the front cover to indicate the proper administration for medications in each card.

#### Step 2:

The medication drug index is printed on the left side. Includes medication name, the instructions for taking, and the time of day you are to take that medication.

On the right, are the blister cells containing your medications.



To ensure you take your medications at the right time, turn your card over to the back side as shown in the photo below.

START HERE			
Thursday	Thursday	Thursday	Thursday
Breakfast	Lunch	Dinner	Bedtime
Friday	Friday	Friday	Friday
Breakfast	Lunch	Dinner	Bedtime
Saturday	Saturday	Saturday	Saturday
Breakfast	Lunch	Dinner	Bedtime
Sunday	Sunday	Sunday	Sunday
Breakfast	Lunch	Dinner	Bedtime
Monday	Monday	Monday	Monday
Breakfast	Lunch	Dinner	Bedtime
Tuesday	Tuesday	Tuesday	Tuesday
Breakfast	Lunch	Dinner	Bedtime
Wednesday	Wednesday	Wednesday	Wednesday
Breakfast	Lunch	Dinner	Bedtime

### Step 3:

Start your first dose at the top left where it reads "Start Here".From there you will follow left to right direction for Morning, Noon, Dinner, then Bedtime. Repeat each row left to right until you have finished the week.

Using your finger, push through your first blister cell indicated with "Start Here".

Peel paper away to access medications.

Repeat steps 1 and 2 until you have finished all 4 weekly cards. You are now ready for your refills if any remain.